



## Laser Hair Removal Post Care

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Wash the treated area and pat dry for 3 days after treatment. Do not scrub.

- Start gently scrubbing treated area on the 7th day (exfoliate).

You may experience small red bumps around the hair follicle. This is normal and expected. The redness could last up to 2-3 days. The treated area will feel like a sunburn. Don't pick, rub, or scratch these until they have cleared. Your skin overall may be sensitive for several days following your laser hair treatment.

- Apply ice packs or cold aloe vera to soothe.
- Tylenol is recommended for post-treatment discomfort.

If your skin scabs or crust, or you experience a burn, don't pick, rub or scratch these areas. Doing so can result in infection, permanent pigment changes in your skin or even scarring.

- Gently cleanse the area and apply hydrocortisone cream several times a day for one week. If the area is open, also apply a layer of antibiotic over hydrocortisone cream.

Do not sunbathe or use a tanning bed for at least 2 weeks following your treatment. If you need to be out in the sun, wear an SPF 30 minimum.

Avoid swimming, hot tubs, and saunas for several days following treatment.

It can take several weeks for the hair in the treated area to “fall out” (*push up and out of the follicle*). This time frame is normal.

Do not expect your hair to “Not grow back” after a single session. Laser hair removal is a process. Subsequent treatment sessions should be 6-8 weeks if done on the face and 8-12 weeks if done on the body.

Do not wax, tweeze, bleach, or use hair removal creams or electrolysis on treatment area until all treatments are completed

Although rare, infection in the treated area is possible. Signs of infection may include: Redness, tenderness in infected area and fever. Should develop an infection, antibiotics may be necessary. Please contact us should you have ANY concerns.

To achieve the best results, complete the full treatment schedule at the intervals recommended by your technician.

Please call our office during normal business hours if you have any questions or concerns.