



## IPL Post Treatment Instructions

- Avoid prolonged sun exposure for two weeks
- Apply sunscreen of at least 30spf daily
- Keep well moisturized
- No exfoliating, chemical peels, or facials for two weeks
- Do not use retina or any acids on the treated area for two weeks

You may experience temporary redness and swelling which should subside in 24 hours. You may use Hydrocortisone or cool packs to ease discomfort. No jacuzzis or hot baths during this period.

Temporary darkening of vessels and hyper pigmentation may last up to a week. Flakiness and dryness as well as sensitivity to sunlight may also last up to a week.

At the two week mark you've unveiled your newly polished, beautiful skin. Keep in mind that a series of treatments is usually recommended. If you feel inclined to do so, we'll see you 4-6 weeks from your last IPL treatment.