



## LASER TATTOO REMOVAL Post-Treatment Instructions

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- For the first few days after each treatment you must keep your tattoo clean to prevent infection.
- You may thinly coat the area with A&D ointment, Vaseline, or aquaphor (to prevent scab formation) and cover with a sterile dressing.
- When you go to shower, gently clean your tattoo with a mild soap and then gently rinse (**never scrub your tattoo**). After the shower, gently pat your tattoo dry with a clean towel, gently apply a thin coat of A&D ointment, and then cover with a sterile dressing.
- To help with discomfort you may take any household medication such as ibuprofen and Tylenol as needed (do not take aspirin).
- If itchy skin persists, you may also use an over-the-counter hydrocortisone cream as needed.
- Avoid exposing your tattoo to the sun as much as possible throughout the entire tattoo removal process.
- Shaving over the tattoo should also be avoided until the skin is completely healed.
- Do not pick at any scabs, crusts, or blisters as this may cause infections.